

LIST OF TRAININGS OFFERED

1. Stress Management (1 day possible but with certain topics excluded*)	1 day* or 2 days
2. Fitness & Health	1 day
3. Practical Nutrition	1 day
4. Emotional Intelligence – General	1 day
5. Emotional Intelligence – Workplace	2 day
6. Emotional Intelligence – Family and Social	1 day
7. Occupational First Aid & CPR	2 days
8. Teaching Methodology – Presentation, Teaching and Communication Skills	2 days
9. Time Management	1 day
10. Mentoring, Coaching and Workplace Communication	2 days
11. Workplace Attitude and Highly Productive Employee	2 days
12. Effective Sales and Marketing	2 day
13. Teamwork (in-house)	2 days
14. Team Building – (duration according to client requirement)	
15. Leadership Camp – (duration according to client requirement)	
16. Study Skills (Max 100 pax)	1 day
17. Leadership – Managing and Moving Forward Effectively	2 days
18. Entrepreneurship Skills – (according to content requirement)	2 – 10 days
19. Taking Ownership	2 days
20. Creating a winning mindset camp	3 days
21. Curbing Absenteeism (Management Perspective)	day
22. Curbing Absenteeism (Employee Perspective)	1 day
23. Professional and Personal Effectiveness	1 day
24. Uplifting Employees, Colleagues through motivation and leadership skills	2 days
25. Inter-cultural relations	1 day
26. Self Confidence and motivation	1 day or 2 days
27. Achieving Peak Performance, Reaching your potential	2 days
28. Customer Service	2 days
29. Transforming your mind for personal and professional excellence.	2 days
30. Communication Skills	2 days
31. Employee Discipline	1 or 2 days
32. Problem Solving and analytical thinking	2 days
33. Habits of Highly effective people	2 days
34. Leadership Towards Digitalization	2 days
35. Inspiring The Team for Results – The Scientific Approach	2 days
36. Understanding and Managing Gen Y	1 day
37. Effective Negotiation Skills	2 days 10 11
38. Managing Yourself to Optimum Productivity and Better Health	2 days
39. Office Management and Administration	2 days
40. Training Needs Analysis Workshop	2 days
41. Transformation of the Mind	1 day or 2 days
42. Building the Generation Gap	2 days
43. Ergonomics	2 days
44. Handling Complaint Efficiently	2 days
45. Young Executive Program	2 days
46. Business Networking Skills	2 days



“Training for Tomorrow's Challenges....Today!”

LIST OF CONSULTANCY (AND THE AREA OF EXPERTISE) OFFERED

1. Quality Management System (ISO 9001, ISO/TS 16949)
2. Quality Improvement Programs (5S, Lean, 6 Sigma, TPM)
3. Environmental Management System (ISO 14001)
4. Occupational Safety & Health Management System (ISO 45001)
5. Integrated Management Systems (IMS)
6. Laboratory Management Systems (ISO 17025, ISO 15189)
7. Information Security Management System (ISO 27001)
8. Business Continuity Management System (ISO 22301)
9. Business Process Re-engineering
10. Management System Maintenance Support (MSMS)
11. Responsible Business Alliance (RBA) AUDITING
12. Gap Analysis for ISO 9001, ISO 14001, ISO 45001, ISO 22000, ISO 17025, ISO 15189
13. Internal Audits for ISO 9001, ISO 14001, ISO 45001, ISO 17025, ISO 15189
14. Pre-Assessment • Legal Compliance Audit
15. Pre-Certification Audit
16. 2nd Party Auditing

ENVIRONMENTAL, SOCIAL AND GOVERNANCE (ESG) TRAININGS

In addition, to embrace the new norm in the working environment and foster an agile, adaptable ethos, we offer a list of ESG trainings that is inherent to a company's day-to-day activities. The training seminars listed are all conducted by certified ESG trainers.